



# HEART DNA TEST

Learn more about yourself and take control of your health

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## What we test for



### Inherited Conditions

Cardiovascular diseases can be caused by genetic traits that run in families. Identifying these early on will give you an advantage in reducing your risk of suffering from these diseases through treatment and lifestyle changes.

#### Disease Phenotype:

*Atrial fibrillation*

*Hypertension*

*Sickle Cell Anaemia*

*Myocardial Infarction*

*Venous Thrombosis*

*Coronary Artery Disease*

*Peripheral Arterial Disease*

*Type III Hyperlipoproteinemia*



### Drug Response

Our test can help identify which cardiovascular drugs your body responds to best and which to avoid. This can help your practitioner tailor your treatment to ensure you are receiving the maximum benefit.

#### Medication Response:

*Beta-Blockers*

*Warfarin*

*Clopidogrel*

*Calcium Channel Blockers*

*Estrogen Supplements*

*Simvastatin*

*Metoprolol*

*Perindopril*

*Caffeine*



### Diet & Nutrition

A healthy diet and lifestyle can help improve your cardiac fitness. Our tests identify how your body responds to certain diets and nutrients so you can make informed lifestyle decisions.

#### Altered Metabolism:

*Folate*

*HDL cholesterol*

*LDL cholesterol*

*Gene X - Cholesterol*

*Triglycerides*

# How it works

## Get your kit

Get your kit from us or order it online. The kit will include all that you need to get started.



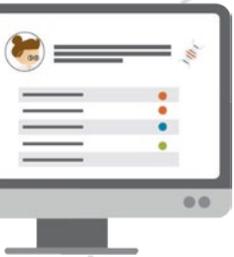
## Register and provide your sample

Register your kit and fill in the health questionnaire online. Produce your saliva sample using the equipment provided. Send your sample back for free using the same box!



## Get your personalised report

We analyse your sample, create a personalised genetic report, and have it reviewed by a cardiologist. You can view this report online or download a printable version.



## Talk to a medical practitioner

Make an appointment with your doctor or specialist to discuss your results and get advice.



## About our Partner Company

Our partner company provides genetic testing services through a unique online platform that connects patients with practitioners. The Company aims to drive better healthcare management by generating genetic data that benefits clinical decision making.

## What happens next?

Once your results are ready a practitioner will review and sign your reports. You will be notified to login to the portal where you can view your personalised reports from your dashboard.

If you have any questions please contact our dedicated support team. They will be happy to assist you with any enquiry.

## Castle Comfort Centre

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